



# Dystokia ramienok – novinky (Dystokia pliecok)

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# Závery – Kritické stavy 2016

- Dystokia ramienok ostáva stále nepreventabilná komplikácia
  - Indukcia pôrodu väčších plodov znižuje riziko
  - Indukcia pôrodu u GDM nemá vplyv na riziko
  - Extrakčná vaginálna operácia a makrozómia plodu zvyšuje riziko závažnej dystokie ramienok
- Chladná hlava a citlivé riešenie znižujú riziko poranenia brachiálneho plexu
  - Manipulácia s plodom nezvyšuje riziko jeho poranenia ale zvyšuje riziko poranenia matky
- Teamový tréning výrazne redukuje riziko poškodenia brachiálneho plexu
  - Checklisty – súčasť tréningu aj dokumentácie
- V prípade permanentnej obrny plexus brachialis možno očakávať súd v polovici prípadov
  - Najlepšia obrana je dokonalá dokumentácia

# Shoulder dystocia 2017-2018

- Article types
  - Clinical Trial
  - Review
  - Customize ...
- Text availability
  - Abstract
  - Free full text
  - Full text
- Publication dates
  - 5 years
  - 10 years
  - From 2017/01/01 to 2018/12/31
- Species
  - Humans
  - Other Animals

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**Best matches for shoulder dystocia:**

- [Recurrent \*\*Shoulder Dystocia\*\*: Risk Factors and Counseling.](#)  
Gurewitsch Allen ED et al. Clin Obstet Gynecol. (2016)
- [Obstetric Emergencies: \*\*Shoulder Dystocia\*\* and Postpartum Hemorrhage.](#)  
Dahlke JD et al. Obstet Gynecol Clin North Am. (2017)
- [Practice Bulletin No 178: \*\*Shoulder Dystocia\*\*.](#)  
Committee on Practice Bulletins—Obstetrics. et al. Obstet Gynecol. (2017)

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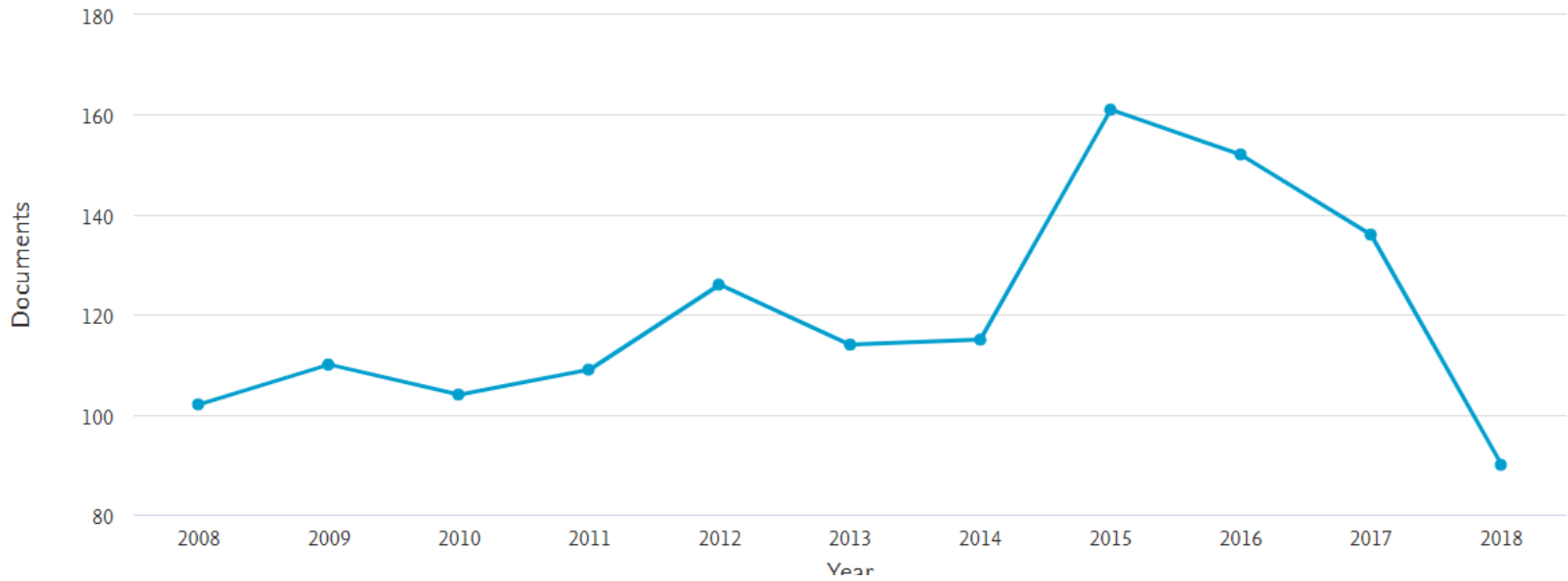
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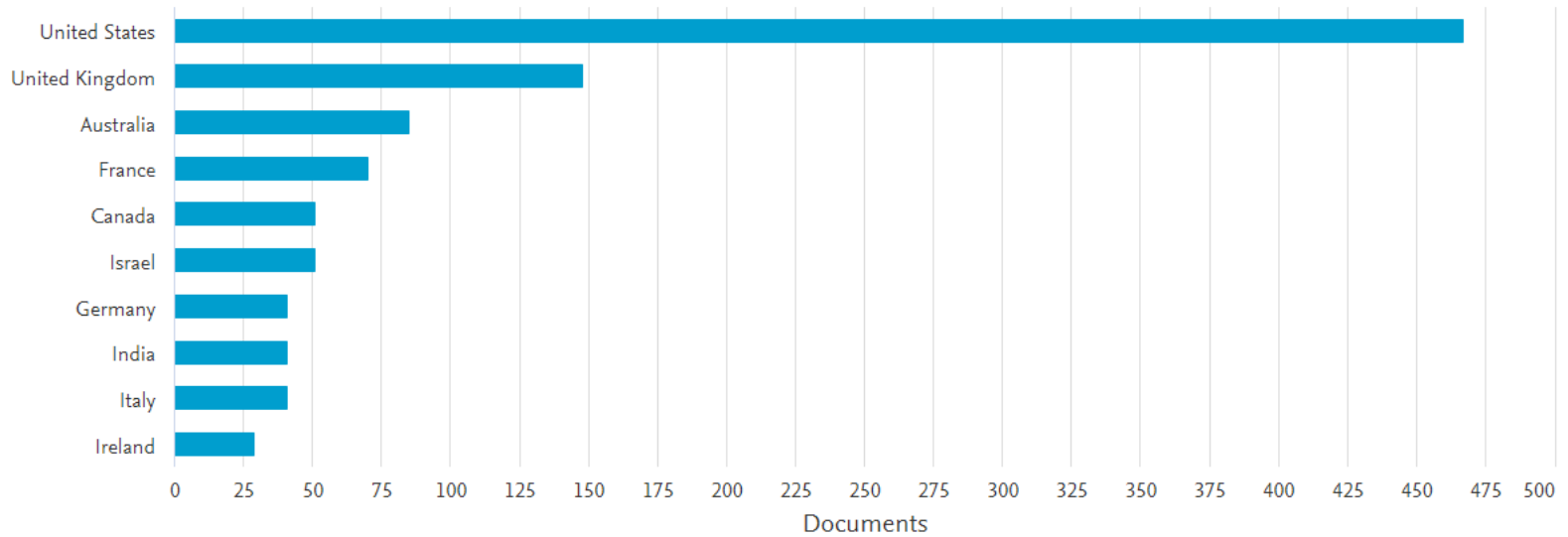
TITLE-ABS-KEY (shoulder AND dystocia) AND PUBYEAR > 2016

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## Population-Based Risk Factors for Shoulder Dystocia

Palmira Santos, Jennifer Gaudet Hefele, Grant Ritter, Jennifer Darden, Cassandra Firmeno, and Ann Hendrich

N=19.236 pôrodov

BMI 31-40	RR: 1,45
Čierna rasa	RR: 1,38
Hispanci	RR: 1,87
Predčasný pôrod	RR: 0,26
Pôrod 37-38 t.	RR: 0,55
Pôrod nad 41 t.	RR: 1,60
GDM na inzulíne	RR: 2,10
Pregestačný DM	RR: 3,11
Medicaid	RR: 1,47
Nepoistená	RR: 2,01
Epidurál	RR: 3,47

The prevalence of risk factors for shoulder dystocia is increasing in the United States.

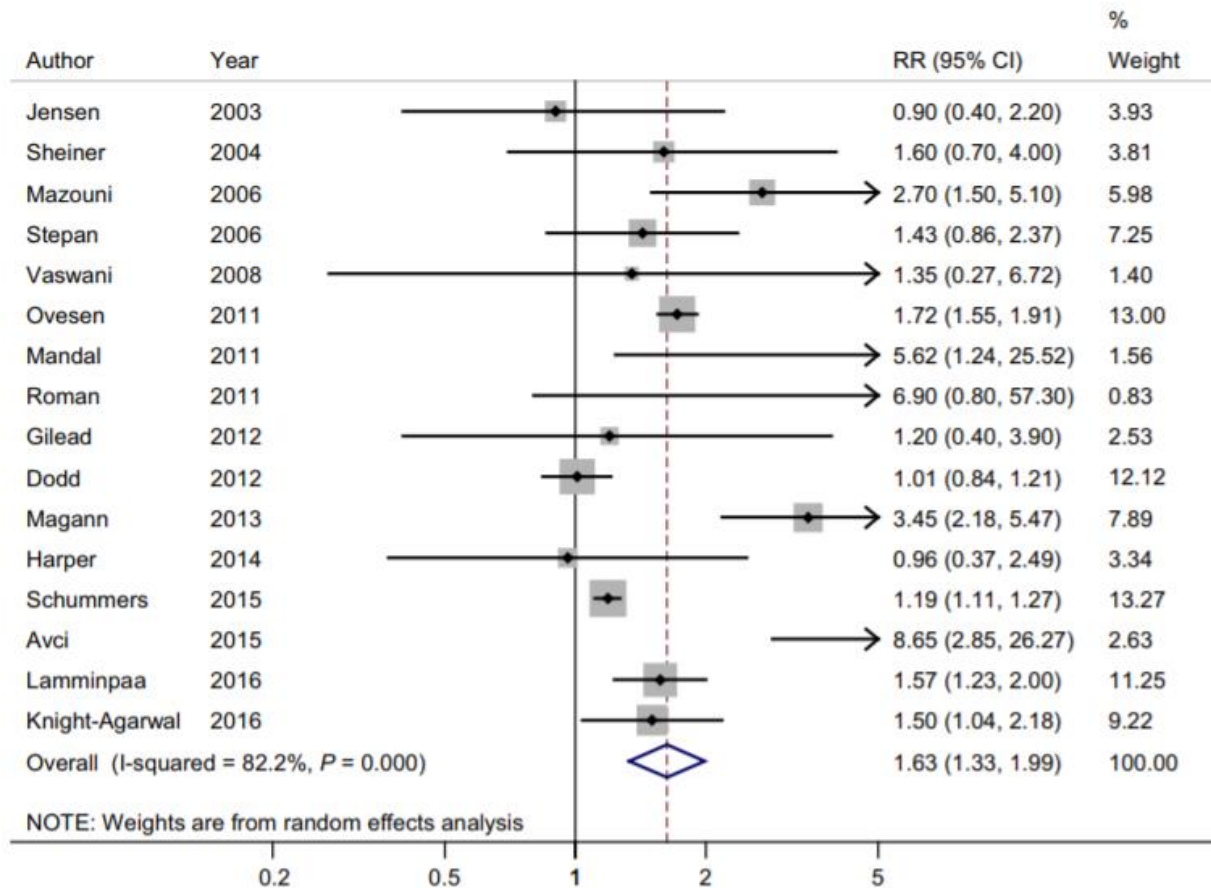
When treated with insulin, gestational diabetes was associated with heightened risk for shoulder dystocia.

Use of epidural anesthesia strongly increased the risk of shoulder dystocia.




## Maternal prepregnancy obesity and the risk of shoulder dystocia: a meta-analysis

C Zhang, Y Wu, S Li, D Zhang



## Birthweight thresholds for increased risk for maternal and neonatal morbidity following vaginal delivery: a retrospective study

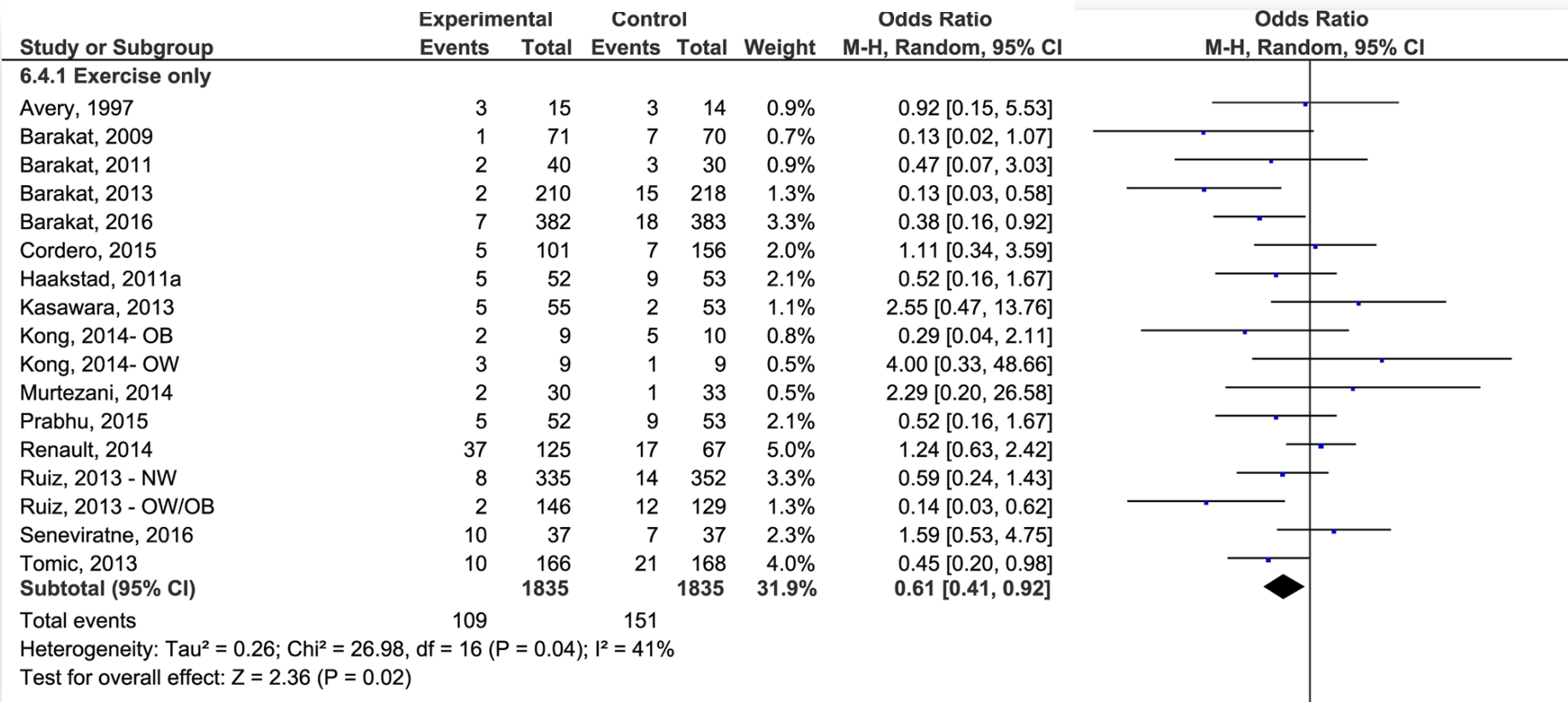
Eran Ashwal<sup>1,3</sup> · Alexandra Berezowsky<sup>1,3</sup> · Sharon Orbach-Zinger<sup>3,4</sup>  · Nir Melamed<sup>5</sup> · Amir Aviram<sup>2,3</sup> · Eran Hadar<sup>1,3</sup> · Yariv Yogev<sup>2,3</sup> · Liran Hiersch<sup>2,3</sup>

	aOR (95% CI)	
	4000–4399 g vs. 3500–3999 g	4400–5000 g vs. 3500–3999 g
Postpartum hemorrhage	1.45 (1.20–1.76)	1.32 (0.76–2.28)
NICU admission	1.22 (1.01–1.48)	2.90 (2.46–3.41)
Clavicle Fracture	2.13 (1.67–2.71)	3.26 (1.91–5.56)
Shoulder dystocia	6.11 (4.50–8.29)	19.60 (12.49–30.75)
Brachial plexus injury	4.39 (2.71–7.09)	13.90 (6.80–28.04)
Adverse neonatal outcome	1.66 (1.47–1.88)	2.72 (2.05–3.61)
Adverse maternal outcome	1.36 (1.14–1.63)	1.28 (0.77–2.15)

# Impact of prenatal exercise on neonatal and childhood outcomes: a systematic review and meta-analysis

Margie H Davenport,<sup>1</sup> Victoria L Meah,<sup>1</sup> Stephanie-May Ruchat,<sup>2</sup> Gregory A Davies,<sup>3</sup> Rachel J Skow,<sup>1</sup> Nick Barrowman,<sup>4</sup> Kristi B Adamo,<sup>5</sup> Veronica J Poitras,<sup>6</sup> Casey E Gray,<sup>7</sup> Alejandra Jaramillo Garcia,<sup>6</sup> Frances Sobierajski,<sup>1</sup> Laurel Riske,<sup>1</sup> Marina James,<sup>1</sup> Amariah J Kathol,<sup>1</sup> Megan Nuspl,<sup>8</sup> Andree-Anne Marchand,<sup>9</sup> Taniya S Nagpal,<sup>10</sup> Linda G Slater,<sup>11</sup> Ashley Weeks,<sup>12</sup> Ruben Barakat,<sup>13</sup> Michelle F Mottola<sup>10</sup>

Davenport MH, *et al.* *Br J Sports Med* 2018;**52**:1386–1396. doi:10.1136/bjsports-2018-099836



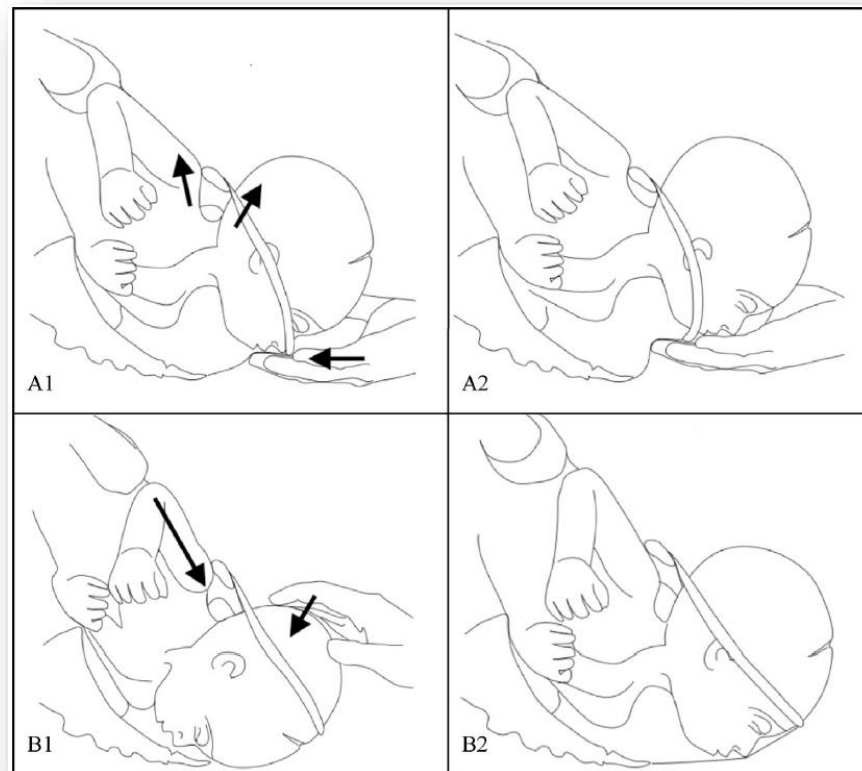




Full length article

## Prevention of shoulder dystocia: A randomized controlled trial to evaluate an obstetric maneuver

Olivier Poujade<sup>a,b,\*</sup>, Elie Azria<sup>b,c,d</sup>, Pierre-François Ceccaldi<sup>a,b,d</sup>, Carine Davitian<sup>a</sup>,  
 Carine Khater<sup>a</sup>, Paul Chatel<sup>a,b,d</sup>, Emilie Pernin<sup>a,b,d</sup>, Nizar Aflak<sup>a</sup>, Martin Koskas<sup>b,c,d</sup>,  
 Agnès Bourgeois-Moine<sup>b,c</sup>, Laurence Hamou-Plotkine<sup>b,c</sup>, Morgane Valentin<sup>b,c</sup>,  
 Jean-Paul Renner<sup>e</sup>, Carine Roy<sup>f,g</sup>, Candice Estellat<sup>f,g,h</sup>, Dominique Luton<sup>a,b,c,d</sup>



**Table 2**

Primary and secondary outcomes in both groups.

Variable	P Group, Push back maneuver (N = 473)	S Group, Standard vaginal delivery (N = 472)	P value	Odds ratio (95% CI)
<b>Primary outcome:</b>				
Shoulder dystocia – no. (%)	7 (1.5)	18 (3.8)	0.03	0.38 (0.16–0.92)
Success of MacRoberts maneuver – no. (%)	5 (1.1)	14 (3)		
Success of Woods screw maneuver – no. (%)	0	2 (0.4)		
Success of posterior arm extraction – no. (%)	2 (0.4)	2 (0.4)		
<b>Secondary outcome (neonatal complication)<sup>†</sup></b>				
Any neonatal complication – no. (%)	6 (1.3)	9 (1.9)	0.43	
Generalized asphyxia – no. (%)	3 (0.6)	7 (1.5)	0.22	
Neonatal hematoma – no. (%)	1 (0.2)	0	1.00	
Brachial plexus injury – no. (%)	0	1 (0.2)	0.49	
Clavicular fracture – no. (%)	2 (0.4)	1 (0.2)	1.00	

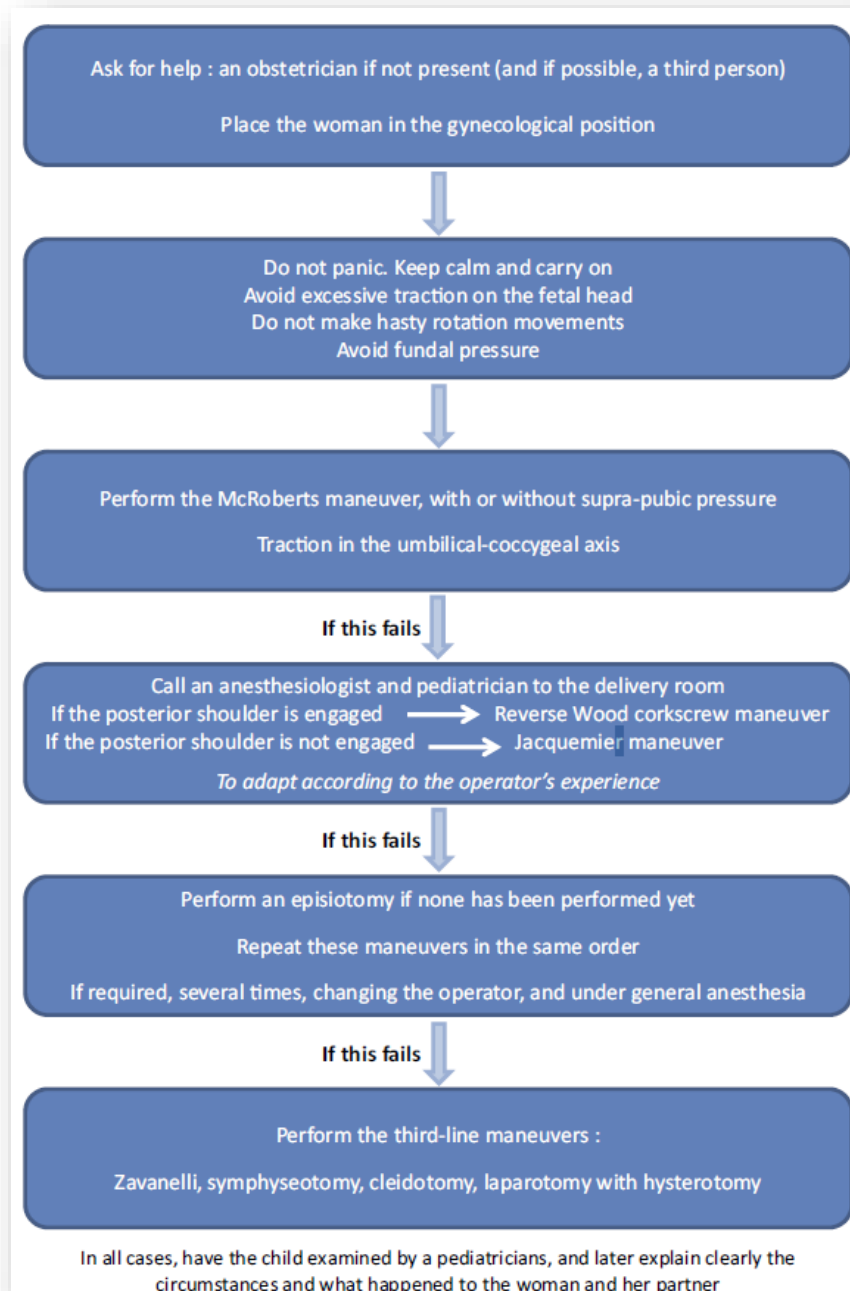
<sup>†</sup> No neonatal convulsions, phrenic nerve palsy, humeral fracture or shoulder subluxation were diagnosed.



Review

Shoulder dystocia: guidelines for clinical practice from the French College of Gynecologists and Obstetricians (CNGOF)

Loïc Sentilhes<sup>a,\*</sup>, Marie-Victoire Sénat<sup>b</sup>, Anne-Isabelle Boulogne<sup>c,d</sup>, Catherine Deneux-Tharoux<sup>e</sup>, Florent Fuchs<sup>b</sup>, Guillaume Legendre<sup>f</sup>, Camille Le Ray<sup>g</sup>, Emmanuel Lopez<sup>h</sup>, Thomas Schmitz<sup>i</sup>, Véronique Lejeune-Saada<sup>i,k</sup>



In all cases, have the child examined by a pediatrician, and later explain clearly the circumstances and what happened to the woman and her partner

RESEARCH ARTICLE

Open Access



# Ten years of simulation-based shoulder dystocia training- impact on obstetric outcome, clinical management, staff confidence, and the pedagogical practice - a time series study

Johanna Dahlberg<sup>1</sup>, Marie Nelson<sup>2</sup>, Madeleine Abrandt Dahlgren<sup>3</sup> and Marie Blomberg<sup>1,2\*</sup>

**Table 4** Infant outcomes in deliveries complicated with shoulder dystocia

	PrePROBE (2004–2007) <i>n</i> = 11	Early postPROBE (2008–2011) <i>n</i> = 20	Late postPROBE (2012–2015) <i>n</i> = 29	<i>p</i> -value
Umbilical artery pH, mean	7.17	7.20	7.20	
Apgar score < 4 at 1 min, <i>n</i> (%)	2 (18)	7 (35)	9 (31)	0.56
Apgar score < 7 at 5 min, <i>n</i> (%)	1 (9)	6 (30)	8 (27)	0.33
No brachial plexus injury or fracture, <i>n</i> (%)	2 (18)	10 (50)	20 (69)	0.005
Brachial plexus injury at birth, <i>n</i> (%)	8 (73)	8 (40)	5 (17)	0.001
Fractured clavicle, <i>n</i> (%)	1 (9)	2 (10)	2 (7)	0.76
Fractured humerus, <i>n</i> (%)	1 (9)	3 (15)	2 (7)	0.65
Early neonatal death	0	0	1	
Brachial plexus injury at 6 months follow up, <i>n</i> (%)	1 (9)	1 (5)	2 (7)	0.89

V období po tréningu stúpol počet dobre zdokumentovaných prípadov dystokie ( $p=0,003$ )

- V rokoch 2006-2015 tvorila OBPI 14% všetkých súdov s pôrodníkmi
- 27 prípadov stálo 15 miliónov dolárov na odškodnení
- USA poisťovne organizujú a vyhodnocujú tréningy personálu pre management dystokie ramienok

SEMINARS IN PERINATOLOGY 41 (2017) 187–194



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## Implementation of a multicenter shoulder dystocia injury prevention program



*Linda Szymanski, MD, PhD<sup>a</sup>, Christine Arnold, MS, RN<sup>b</sup>, Arthur J. Vaught, MD<sup>a</sup>, Susan LaMantia, RN, MS<sup>c</sup>, Theresa Harris, RN, JD<sup>c,d</sup>, and Andrew J. Satin, MD<sup>a,\*</sup>*

# Strategies to Improve Management of Shoulder Dystocia Under the AHRQ Safety Program for Perinatal Care

Jill McArdle, Asta Sorensen, Christina I. Fowler, Samantha Sommers, Katrina Burson, and Leila Kahwati



Agency for Healthcare Research and Quality  
Advancing Excellence in Health Care

Results: Use of shoulder dystocia safety strategies improved on the units. Differences between baseline and followup (10 months) were as follows: in situ simulation (50% vs. 89%), teamwork and communication (67% vs. 94%), standardization (67% to 94%), learning from defects (67% vs. 89%), and independent checks (56% vs. 78%). Interview data showed reasons to address management of shoulder dystocia, various approaches to implement safety practices, and facilitators and barriers to implementation.

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**Births complicated by shoulder dystocia require rapid, well-coordinated intervention by clinical teams to prevent or reduce the severity of adverse outcomes.**

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# Shoulder Dystrophy Medicine Resistant Novel Low-fidelity Pilot Study

Danielle Hart, MD, MACM,  
Adeleki Oni, MD, and James

## Conclusion:

Within our limited sample, we observed a high occurrence of dangerous shoulder dystrophy following LFS training. Our novel LFS, costing less than US\$10 each, represents a first step in the development of low-fidelity HFS models with the potential to minimize dangerous



difference in the frequency of shoulder dystrophy following HFS and LFS training, as assembled for less expensive providers on the market, as does whether it is useful to train providers to avoid the use of excessive force

# Randomised controlled study to assess skill retention at 6 vs 12 months after simulation training in shoulder dystocia

Menelik M H Lee, Chao Ngan Chan, Betty Y T Lau, Teresa W L Ma

Lee MMH, et al. *BMJ Stel* 2017;**3**:142–148. doi:10.1136/bmjstel-2017-000195

**Table 4** Participants' scores and time to complete the scenario before (pre-training), immediately after (at-training) and retested at 6 months (for group 1) or 12 months (groups 2) after (post-training) simulation training on shoulder dystocia (doctors only)

Data comparison within individual group					
		Mean time or score ( $\pm$ SD)	p Value (paired t-test)	Mean time or score ( $\pm$ SD)	p Value (paired t-test)
Doctors only		Group 1 (retest at 6 months)		Group 2 (retest at 12 months)	
Overall score (out of 15)	Pre-training versus at-training	10.00 ( $\pm$ 3.46) vs 14.86 ( $\pm$ 0.38)	0.011*	11.17 ( $\pm$ 2.14) vs 15.00 ( $\pm$ 0)	0.007*
	At-training versus post-training	14.86 ( $\pm$ 0.38) vs 12.71 ( $\pm$ 1.11)	0.007*	15.00 ( $\pm$ 0) vs 14.17 ( $\pm$ 0.75)	0.042*
	Pre-training versus post-training	10.00 ( $\pm$ 3.46) vs 12.71 ( $\pm$ 1.11)	0.159	11.17 ( $\pm$ 2.14) vs 14.17 ( $\pm$ 0.75)	0.009*
Time (s)	Pre-training versus at-training	219.00 ( $\pm$ 74.76) vs 116.86 ( $\pm$ 32.55)	0.028*	241.17 ( $\pm$ 87.69) vs 166.83 ( $\pm$ 53.80)	0.160
	At-training versus post-training	116.86 ( $\pm$ 32.55) vs 185.20 ( $\pm$ 11.96)	0.011*	166.83 ( $\pm$ 53.80) vs 160.50 ( $\pm$ 30.09)	0.717
	Pre-training versus post-training	219.00 ( $\pm$ 74.76) vs 185.20 ( $\pm$ 11.96)	0.485	241.17 ( $\pm$ 87.69) vs 160.50 ( $\pm$ 30.09)	0.101

Comparison between group 1 and group 2

## Conclusions

Our study demonstrated that simulation training results in short-term and long-term improvement in shoulder dystocia management; however, knowledge degrades over time. Ongoing training is suggested at a minimum of 12 months' interval for all members of the obstetrics team including midwives and doctors.

## Anal sphincter injury in vaginal deliveries complicated by shoulder dystocia

Mark P. Hehir<sup>1,2</sup> · Zachary Rubeo<sup>1</sup> · Karen Flood<sup>1</sup> · Anne H. Mardy<sup>1</sup> · Colm O’Herlihy<sup>2</sup> · Peter C. Boylan<sup>2</sup> · Mary E. D’Alton<sup>1</sup>

**Table 3** Multivariate regression model demonstrating the comparison of mothers with anal sphincter injury after shoulder dystocia (*SD*) with those with an intact sphincter after shoulder dystocia

	SD with anal sphincter injury ( <i>N</i> = 60)	SD with intact anal sphincter ( <i>N</i> = 625)	<i>B</i>	Adjusted odds ratio	95% <i>CI</i>	Adjusted <i>p</i> value
Gestation (weeks)	40.1 ± 1.1	40.2 ± 1.2	0.06	1.06	0.82–1.38	NS
Nulliparity	75% (45/60)	45% (279/625)	1.35	3.88	1.91–7.86	<0.0001
Birthweight (g)	4,040 ± 407	4,027 ± 502	0.00	1.0	0.99–1.0	NS
Operative vaginal delivery	50% (30/60)	36% (226/625)	1.26	3.53	1.71–7.27	0.001
Episiotomy	47% (28/60)	48% (302/625)	−0.82	0.44	0.21–0.91	0.03
Internal maneuvers	50% (30/60)	32% (198/625)	0.65	1.90	1.08–3.36	0.03

*p* value <0.05 was considered statistically significant. *B* is the coefficient on the independent variable


*CI* confidence interval

Prevalencia poranenia análneho zvieráča 9%





## Risk of recurrent shoulder dystocia: are we any closer to prediction?

Shadha Al-Hawash<sup>a</sup>, Clare L. Whitehead<sup>a,b</sup>  and Dan Farine<sup>a</sup>

<sup>a</sup>Department of Obstetrics and Gynecology, University of Toronto, Mount Sinai Hospital, Toronto, Canada; <sup>b</sup>Department of Obstetrics and Gynaecology, University of Adelaide, Adelaide, Australia

**Table 2.** Rate of recurrent shoulder dystocia in women attempting a subsequent vaginal birth.

Author	Total vaginal cephalic deliveries (n)	Total patients with shoulder dystocia (n)	Rate of primary shoulder dystocia (%)	Total subsequent pregnancies (n, % of index)	Total vaginal births (n, % of subsequent births)	Recurrent shoulder dystocia (n)	Rate of recurrent shoulder dystocia (%)
Smith [21]	34,800	203	0.6	51 (25.1)	42 (81.6)	5	11.9
Lewis [15]	37,465	747	2	Not reported	123	17	13.8
Baskett [12]	40,518	254	0.6	Not reported	93	1	1.25
Bahar [11]	13,756	69	1.16	Not reported	Not reported	9	13
Olugbile [19]	24,100	154	0.53	20 (12.9)	18 (90)	2	11.1
Ginsberg [13]	39,681	602	1.5	73 (12.1)	66 (91.4)	11	16.7
Mehta [17]	25,995	205	0.8	47 (22.9)	42 (89.4)	4	9.5
Usta [22]	22,207	193	0.9	48 (24.8)	44 (91.7)	11	25
Moore [18]	1,126,593	26,208	2.3	8991 (34.3)	7819 (87)	1,060	13.5
Overland [20]	554,773	2,745	0.5	2745 (100 – study design)	2344 (85.4)	170	7.3
Lima [16]	23,158	66	0.3	Not reported	Not reported	13	20
Ouzounian [25]	267,228	1904	0.7	Not reported	270	10	3.7
Kleitman [14]	201,422	425	0.2	307 (72%)	236 (76.9)	11	3.6

65% žien s dystokiou ramienok už nemá viac detí, z tých čo rodia, rodí cisárskym rezom 13%, z tých čo rodia vaginálne 13,5% má znovu dystokiou ramienok, z nich 10,7% má závažnú. Rizikovým faktorom vzniku je znovu makrozómia plodu.

# Závery

Zaznamenali sme určitý trend poklesu záujmu štúdií o problematiku DR  
Rizikovým faktorom vzniku ostáva obezita, gestačný DM a potermínová gravidita

Epidurálna analgézia?

DR zvyšuje riziko poranenia zvierača matky s celkovou prevalenciou 9%

Rizikové sú primipary a ženy po extrakčných operáciách

Tréning a checklisty znižujú výskyt OBPI – všimli si to aj komerčné poisťovne

Tréningy je vhodné opakovať každých 12 mesiacov

Primeraná telesná aktivita v tehotnosti znižuje riziko makrozómie plodu

Rekurentná závažná DR sa vyskytuje u 11% žien, ktoré rodia vaginálne po DR

... ďakujem za pozornosť